




Summers County Breakfast/Lunch Menu - October 2021 - Grades 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
	OCTOBER 11-15 IS NATIONAL SCHOOL LUNCH WEEK	SALAD BAR ON TUESDAYS AND WEDNESDAYS	BIRTHDAY POPCORN WILL BE ON OCTOBER 20! FARM TO SCHOOL CHEESE CURDS WILL BE SERVED TWICE A MONTH	1 Strawberry Yogurt Parfait w/Granola Juice, Milk Chicken & Cheese Taquito Salsa and Cream Cheese Refried Beans Celery w/WOW Butter Pears Fresh Fruit Milk
4 French Toast w/Syrup, Juice, Fruit, Milk Hotdogs w/Chili Creamy Coleslaw French Fries Baked Beans Peaches Fresh Fruit Milk	5 Sausage and Cheese Wrap, Fruit, Juice, Milk Deep Dish Pizza Salad Bar Cooked Carrots Beef Stick Pineapple Chunks Fresh Fruit Milk	6 Chicken Biscuit, Fruit, Juice, Milk Chicken Quesadilla Salsa and Sour Cream Salad Bar Corn Pears Fresh Fruit Milk	7 Nutri-Grain Bar, String Cheese, Fruit, Juice, Milk Sloppy Joe Sweet Potato Fries Broccoli w/Dip Watermelon Applesauce Fresh Fruit Milk	8 Breakfast Pizza, Fruit, Juice, Milk Chili Cornbread Baked Potato Cucumber Slices Mixed Fruit Fresh Fruit Milk
11 Fruit Strudel, Fruit, Juice, Milk Chicken Broccoli Alfredo Cheese Breadstick Seasoned Green Beans Peach Applesauce Fresh Fruit Milk *Farm to School Cheese Curds served one day this week.	12 Mini Waffles, Applesauce, Juice, Milk Cheeseburger Salad Bar French Fries Baked Beans Pears Fresh Fruit Milk	13 Egg and Cheese Wrap, Fruit, Juice, Milk Chicken Fajitas Sour Cream Peppers and Onions Salad Bar Seasoned Corn Peaches Fresh Fruit Milk	14 Pop-Tart, Graham Crackers, Fruit, Juice, Milk Summers County Sub Lettuce and Tomato Doritos Cucumber Slices w/Dip Cookie Mixed Fruit Fresh Fruit Milk	15 Banana Bread, Fruit, Juice, Milk Biscuits w/Sausage Gravy Diced Potatoes Scrambled Eggs Tomato Slices Cooked Apples Fresh Fruit Milk
18 Egg and Cheese Wrap, Fruit, Juice, Milk Grilled Cheese Vegetable Soup Celery w/WOW Butter Applesauce Fresh Fruit Milk	19 WG Donut, Fruit, Juice, Milk Chicken Parmesan w/Noodles Salad Bar Cheese Breadstick Seasoned Green Beans Peaches Fresh Fruit Milk	20 Pancake Sausage Sandwich, Fruit, Juice, Milk Pepperoni Roll Salad Bar Carrots w/Dip String Cheese Pears Fresh Fruit Milk Birthday Popcorn!	21 Cereal Variety, Banana, Juice, Milk Mini Corndogs French Fries Baked Beans Pineapple Chunks Fresh Fruit Milk	NO STUDENTS
25 NO STUDENTS *Farm to School Cheese Curds served one day this week.	26 Cinnamon Toast Crunch Breakfast Bar, Fruit, Juice, Milk Chili Cheese Wraps Salad Bar Doritos Refried Beans Pineapple Chunks Fresh Fruit Milk	27 Chocolate and Oatmeal Bar, Fruit, Juice, Milk Ravioli Salad Bar Cheese Breadstick Cooked Broccoli Applesauce Fresh Fruit Milk	28 Cheerios Strawberry Cereal Bar, Fruit, Juice, Milk Hot Ham and Cheese Sandwich Baked Potato Seasoned Green Beans Peaches Fresh Fruit Milk	29 Apple Cinnamon Texas Toast, Fruit, Juice, Milk Salisbury Steak Whole Grain Roll Mashed Potatoes Mixed Vegetables Pineapple Chunks Fresh Fruit Milk

DISCRIMINATION PROHIBITED

"This institution is an equal opportunity provider and employer.