


SEPTEMBER 2021 K-8 BREAKFAST AND LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Breakfast Burrito, Pears, Fresh Fruit, Milk</p> <p>Sloppy Joe on a WG Bun Creamy Cole Slaw Seasoned Green Beans Peaches Milk</p>	<p>2 Nutri-Grain Bar, Craisins, Juice, Milk</p> <p>Chicken Quesadilla Salsa and Sour Cream Salad w/Dressing Black Bean Salad Strawberry Cup Milk</p>	<p>3 WG Donut, Fruit Cup, Fresh Fruit, Milk</p> <p>Salisbury Steak Mashed Potatoes WG Roll Seasoned Peas Fresh Fruit Milk</p>
<p>6 </p>	<p>7 Sausage and Cheese Wrap, Fruit, Juice, Milk</p> <p>Meatball Sub on WG Roll Salad w/dressing Potato Rounds Glazed Carrots Mixed Fruit Milk</p>	<p>8 French Toast Sticks w/Syrup, Fruit, Juice, Milk</p> <p>Cheeseburger Macaroni Cheese Breadstick Salad w/dressing Cooked Broccoli Banana Milk</p>	<p>9 WG Blueberry Muffin, Fruit, Juice, Milk</p> <p>Corn Dog Sweet Potato Fries Baked Beans Apricot Cup Milk</p>	<p>10 Bagel w/Cream Cheese, Fruit, Juice, Milk</p> <p>Chicken Drumsticks Mashed Potatoes Green Beans WG Roll Mandarin Oranges Milk</p>
<p>13 Egg Patty, Sausage Patty, Toast w/Butter &amp; Jelly, Applesauce, Juice, Milk</p> <p>Bean Burrito w/Salsa Fried Rice Cucumber Slices w/Dip Peach Cup Milk</p>	<p>14 WG Soft Pretzel w/Cream Cheese, Applesauce Cup, Juice, Milk</p> <p>Spaghetti w/Meatballs WG Breadstick Salad w/dressing Fruit Cup Milk</p>	<p>15 Sausage Bagel, Pineapple Chunks, Juice, Milk</p> <p>Pork Rib on WG Hoagie Bun Salad w/dressing Kale Banana Bread Squares Fresh Fruit Milk</p>	<p>16 Cereal Variety, Graham Cracker, Banana, Juice, Milk</p> <p>Chicken Nuggets w/Dipping Sauce Potato Rounds Seasoned Green Beans Strawberry Cup Milk</p>	<p>17 Pancake on a Stick, Fruit Cup, Juice, Milk</p> <p>Meatloaf Mashed Potatoes Broccoli Parmesan Cheese Curds Applesauce Milk</p>
<p>20 Breakfast Pizza, Pineapple Chunks, Juice, Milk</p> <p>Philly Cheese Steak on WG Bun Peppers and Onions French Fries Baked Beans Fresh Fruit Milk</p>	<p>21 Cereal Bar, Cheese Stick, Fruit Cup, Juice, Milk</p> <p>Pepperoni Pizza Salad w/dressing Glazed Carrots Pineapple Chunks Milk</p>	<p>22 Fruit Strudel, Fruit Cup, Juice, Milk</p> <p>Beefy Nachos Salad w/dressing Refried Beans Seasoned Corn Fruit Cup Milk</p>	<p>23 Belvita Crackers, Craisins, Juice, Milk</p> <p>Grilled Chicken Sandwich Lettuce and Tomato Sweet Potato Fries Seasoned Green Beans Fresh Fruit Milk</p>	<p>24 WG Biscuit w/butter and Jelly, Fruit Cup, Juice, Milk</p> <p>Pork Chops Scalloped Potatoes Salad Bar Seasoned Peas Applesauce Milk</p>
<p>27 Banana Bread, Fruit Cup, Juice, Milk</p> <p>Biscuits and Gravy Sausage Hash Browns Cooked Apples Tomato Slices Milk</p>	<p>28 Sausage Biscuit, Fruit Cup, Juice, Milk</p> <p>Cheesy Chicken Tortilla Soup Grilled Cheese Salad w/dressing Broccoli w/Dip Frozen Fruit Cup Milk</p>	<p>29 WG Cinnamon roll, Fruit Cup, Juice, Milk</p> <p>Fish Sticks w/Tarter Sauce Hush Puppies Salad w/dressing Seasoned Green Beans Fresh Fruit Milk</p>	<p>30 Pop-Tart, Graham Crackers, Fruit Cup, Juice, Milk</p> <p>Ham and Cheese Hoagie Lettuce and Tomato Baked Beans Pepper Strips w/Dip WG Chips Fruit Cup Milk</p>	

DISCRIMINATION PROHIBITED

“This institution is an equal opportunity provider and employer”.